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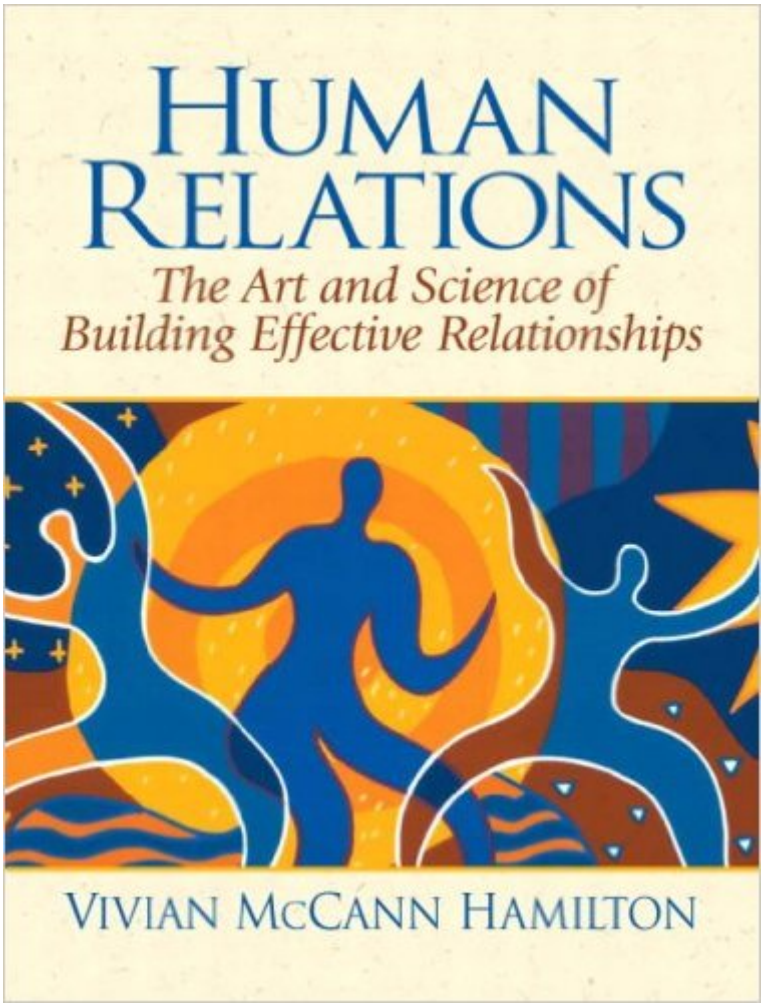
Human Relations: The Art And Science Of Building Effective Relationships



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Synopsis

Relationships are the very foundation of our lives. Whether personal or professional, our ability to understand and commuinicate effectively with the people in our lives can make the difference between a satisfying, fulfilling life and one filled with tension and frustration. With this in mind, it's suprising that so fewÂ of us take the time to critcally examine the makeup and workings of these connections. Here, with Vivian Hamilton's Human Relations: The Art and Science of Building Effective Relationships, we are given the opportunity to do so. This text examines human relations by integrating key components of successful relationships: internal influences on thoughts, feelings, and behaviors; external or sociocultural influences; and communication principles and skill building. These main features help drive students towards better understanding and more effective communication within all of their relationships.

Book Information

Paperback: 496 pages
Publisher: Pearson; 1 edition (January 20, 2007)
Language: English
ISBN-10: 0131930648
ISBN-13: 978-0131930643
Product Dimensions: 6.9 x 0.7 x 9.1 inches
Shipping Weight: 1.4 pounds (View shipping rates and policies)
Average Customer Review: 4.3 out of 5 starsÂ Â See all reviewsÂ (22 customer reviews)
Best Sellers Rank: #62,957 in Books (See Top 100 in Books) #109 inÂ Books > Politics & Social Sciences > Sociology > Marriage & Family #153 inÂ Books > Health, Fitness & Dieting > Psychology & Counseling > Psychiatry #286 inÂ Books > Textbooks > Social Sciences > Sociology

Customer Reviews

I purchased this book for a college course. I began reading ahead of the class to understand the course material before it’s associated lecture. While some of it was very interesting I did find it to be very emotional. The class kinda skipped out on so much of that which I felt was effective. The book was well written, but the subject matter was bland at times. The text size was kind of small and the foot notes were rarely helpful. I would see if there was a paperback version or a used option because this book was kind of pricey.

This book was purchased as a textbook for the college class Psychology of Interpersonal Relationships. The textbook teaches some awesome skills in developing better personal relationships with others and making the student aware of different ways of viewing the world. Such as in the United States and many other cultures are individualistic cultures and focus on what is best for the individual, while other cultures are on the other end of the spectrum and focus on what is good for the family group or culture. The textbook doesn't teach that one is right and the other is wrong. Rather is simply identifies the range that people live their life in order to better understand human relationships. Each chapter has questions and assignments for better understanding the concepts taught.

I don't even know where to return this book now. There was no information when I received it on how to ship it back. No idea what to do now and none of the help on it really helps for a shipping address to return to.

I love this book! I bought this for an Intro to Human Relations class (upper division at a 4 year university). This book is the best part of the class!The book is appropriate for an intro class: All the bases are covered, but not in great detail. There is a lot of great, basic information in here. Nearly every theory and idea explained in the book has a relatable example. It's written in a VERY accessible way, without feeling like the author is talking down to you. I think anyone from high school (even middle school?) could read this and enjoy it.Thanks!

I needed this book for school and I found it cheaper here then at my school. This book had a lot of good information. I would recommend it even if it's not for school, I learned a lot.

I like this book, it is very helpful with my class and for my own understanding. It's easy to get around with and the activities that are included are really exciting and related to the topics that was tackled during my class and even in my own reading.

Book came in an acceptable condition and is going to work just fine for the course I am taking at school.

Good used book even though the cover page has folded mark, and there is a few highlight in the text.

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